

## **Castle Office Contracts**

# **SAFETY STATEMENT**

Including Risk Assessments 2026

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Parkwest, Dublin 12.

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01-6120535 Office

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www.castleofficecontractsltd.ie

## **SAFETY STATEMENT**

## **INCLUDING RISK ASSESSMENTS**

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## PART A – SAFETY STATEMENT AND APPENDICES

## **SECTION 1 – HEALTH AND SAFETY POLICY**

CASTLE OFFICE CONTRACTS LTD WILL READ, SIGN AND DATE THE HEALTH AND SAFETY POLICY IN THIS SECTION. CASTLE OFFICE CONTRACTS LTD WILL MAKE SURE THE RELEVANT PARTS OF THIS SAFETY STATEMENT, INCLUDING RISK ASSESSMENTS, ARE BROUGHT TO THE ATTENTION OF EMPLOYEES.



#### 1.0 - HEALTH AND SAFETY POLICY

#### **KEY ACTIONS**

As an employer Castle Office Contracts Ltd have the ultimate responsibility for the workplace and a direct influence on health and safety in our business. The health and safety policy below outlines our commitment to ensuring that the workplace is as safe and healthy as reasonably practicable and that all relevant health and safety legislation is complied with.

### **HEALTH AND SAFETY POLICY**

Castle Office Contracts Ltd are committed to working in accordance with the provisions of the Safety, Health and Welfare at Work Act 2005 and other associated legislation and the requirements of this Safety Statement. Castle Office Contracts Ltd are committed to fulfilling our statutory obligations to manage and co-ordinate workplace safety and health and ensuring, so as far as is reasonably practicable, that:

- Work activities are managed so as to ensure the safety, health and welfare of our employees
- The safety statement is maintained and updated, risk assessments are carried out and reviewed as required and brought to the attention of all employees at least annually
- Identified protective and preventive measures are implemented and maintained
- Improper conduct likely to put an employee's safety and health at risk is prevented
- A safe place of work is provided, which is adequately designed and maintained
- A safe means of access and egress is provided
- Safe plant and equipment are provided
- Safe systems of work are provided
- Risks to health from any article or substance are prevented
- Appropriate information, instruction, training and supervision are provided
- Where hazards cannot be eliminated, adequate arrangements, including the provision of suitable protective clothing and equipment, will be put in place to reduce the risk of injury
- Emergency plans are prepared and revised
- Welfare facilities are provided and adequately maintained
- Competent personnel to advise and assist in securing the safety, health and welfare of our employees are employed when required.

Signed:	_Patrick Turner	_ Date: 09/09/2025
Position: M	Managing Director	



## 1.1 – BUSINESS/COMPANY INFORMATION

## **KEY ACTIONS**

Input relevant details relating to the business/company name, address and any relevant contact details.

BUSINESS/COMPANY INFORMATION				
Business/Company Name	Castle Office Contracts			
Business/Company Address	Unit 34 Enterprise Centre, Parkwest Industrial Estate, Dublin 12			
CRO Number	295817			
Director/Owner	Patrick Turner – Managing Director Eamonn Burke – Director/HR Manager/Safety Manager			
Phone Number	01-6120535			
Email	castle@pro-active.ie			
Website	www.castleofficecontractsltd.ie			
Other Contact/Social Media	https://www.linkedin.com/company/castle-office-contracts			

## **SECTION 2 – SAFETY ARRANGEMENTS**

THIS SECTION PROVIDES A SUMMARY OF KEY REQUIREMENTS THAT WILL BE CONSIDERED WHEN CARRYING OUT WORK:

- ROLES AND RESPONSIBILITIES
- COMPETENCE AND TRAINING REQUIREMENTS
- CONSULTATION AND PARTICIPATION
- THE SAFETY REPRESENTATIVE
- CONTRACTORS' RESPONSIBILITIES
- VISITORS
- ACCIDENT REPORTING AND INVESTIGATION
- EMERGENCY PROCEDURES, INCLUDING FIRST AID AND FIRE
- WELFARE FACILITIES AND WORKPLACE REQUIREMENTS
- PERSONAL PROTECTIVE EQUIPMENT
- PREGNANCY AT WORK
- YOUNG PERSONS
- WORK-RELATED STRESS AND DIGNITY AT WORK



#### 2.0 – ROLES AND RESPONSIBILITIES

#### **KEY ACTIONS**

While the responsibility for managing health and safety in the workplace rests mainly with the employer, it is important to note that both employers and employees have responsibilities.

#### **EMPLOYER'S RESPONSIBILITIES INCLUDE:**

- Manage and conduct work activities so as to ensure the safety and health of employees and others affected
- Prevent improper conduct likely to put an employee's safety and health at risk
- Provide a safe place of work, which is adequately designed and maintained
- Provide safe means of access and egress
- Provide safe plant, equipment and machinery
- Provide safe systems of work, e.g. operating procedures
- Prevent risk to health from any article or substance (e.g. machinery, equipment and chemical substances)
- Provide appropriate information, instruction, training and supervision, taking into account
  the employee's capabilities, when an employee begins work or is transferred to new tasks,
  and when new technology is introduced
- Provide suitable protective clothing and equipment where hazards cannot be eliminated
- Prepare and revise emergency plans and designate staff to take on emergency duties
- Provide and maintain welfare facilities
- Provide, where necessary, a competent person to advise and assist in securing the safety, health and welfare of employees (a competent person must have the necessary qualifications as well as sufficient training, experience and knowledge appropriate to the nature of the work to be undertaken).

#### **EMPLOYEE'S RESPONSIBILITIES INCLUDE:**

- Comply with the relevant health and safety legislation, e.g. co-operating with your employer, reporting unsafe procedures or equipment
- Comply with safety policies and procedures to ensure your own personal safety and health, as well as that of others
- Co-operate with your employer in relation to safety, health and welfare at your place of work
- Report all hazards, injuries, incidents, dangerous occurrences and near misses as soon as possible to your employer
- Report any defects in equipment, unsafe activities or deficiencies in safety procedures
- Use any protective clothing and equipment that has been provided for your safety
- Attend any training as required by your employer
- Co-operate with your employer to enable your employer to comply with relevant health and safety legislation
- Do not engage in improper conduct or behaviour that is likely to endanger your own or other's safety, health and welfare while at work
- Do not be under the influence of intoxicants as they may endanger your own or other's safety, health and welfare
- Do not interfere with, misuse or damage anything that may affect anyone's safety, health and welfare.



### 2.0.1 – PERSONS RESPONSIBLE FOR PERFORMING TASKS

#### **KEY ACTIONS**

Castle Office Contracts Ltd, as the employer, are legally obliged to ensure that persons are nominated and made responsible for tasks assigned to them:

- Castle Office Contracts Ltd shall identify responsible persons(where required) who will take responsibility for various tasks, e.g. induction, inspections and training
- Castle Office Contracts Ltd shall brief them on these tasks and their responsibilities
- Castle Office Contracts Ltd shall record the names of such nominated persons
- Castle Office Contracts Ltd shall record details in Form 1.5 Responsible Persons Task
   Register in Appendix 1.

Castle Office Contracts Ltd will review and follow up on a regular basis to ensure arrangements are put in place and that assigned persons are carrying out their roles effectively.



## 2.1 - COMPETENCE AND TRAINING REQUIREMENTS

#### **KEY ACTIONS**

Competence of employers, managers and employees is critical to the effective safe management and operation of business activities.

Competence is determined by knowledge, training and experience, and, as an employer Castle Office Contracts Ltd will assess what training each employee needs, to keep up to date with changes in legislation, work practices and technology. By having competent, trained personnel who are adequately supervised, our employees will be capable of completing a job safely, efficiently and to a high standard. For example, typical training which can be carried out could include:

- Fire warden training
- First-aid training
- Manual handling training
- Training on the use of firefighting equipment
- Induction training
- Machine-specific training.

Castle Office Contracts Ltd shall record details of training in relation to specific tasks, such as those listed below, in **Form 1.3 Training Register** in **Appendix 1**.

#### **KEY ACTIONS**

Induction training is very important in communicating specific health and safety information to employees, contractors and other relevant persons when they first arrive at our workplace.

*Induction training will include the following information:* 

- Specific hazards associated with the workplace and the controls that are in place
- Workplace rules
- Roles and responsibilities
- Emergency procedures and first-aid arrangements.

When inductions have been completed, then Castle Office Contracts Ltd shall complete Form 1.1 Induction Register in Appendix 1. Typical topics which are discussed at induction are also covered in Form 1.2 Typical Induction Topics in Appendix 1.



### 2.2 - CONSULTATION AND PARTICIPATION

#### **KEY ACTIONS**

Castle Office Contracts Ltd recognise that employee participation in health and safety is an integral part of our safety management system. We are committed to providing adequate and appropriate consultation and welcome the views of all employees on issues relating to health and safety.

#### **TOP TIPS**

Castle Office Contracts Ltd will consult with all relevant employees:

- When new risk assessments are being carried out or revised
- When there is a change, update or modification to a particular work process
- When new machines or processes are introduced
- When new substances or materials are introduced.

Furthermore, should any of our employees raise any matters relating to their health and safety that are connected in any way to our work activities, Castle Office Contracts Ltd will consider such matters and will endeavour to take any action that Castle Office Contracts Ltd consider necessary or appropriate to deal with the matters raised.



#### 2.3 – THE SAFETY REPRESENTATIVE

#### **KEY ACTIONS**

Our employees may select and appoint a safety representative. The appointed safety representative may consult with, and make representations to us on safety, health and welfare matters at the place of work.

Castle Office Contracts Ltd shall consider these representations and act on them if necessary. The purpose of these consultations is to prevent accidents and ill health, to highlight problems, and to identify means of overcoming them.

Castle Office Contracts Ltd will facilitate the training of the safety representative so that they have the necessary competence to carry out the task.

The functions of our safety representative include:

Our safety representative is: Eamonn Burke

- Having given reasonable notice to the employer, regular inspection of the workplace according to a schedule agreed between him/her and the employer that is based on the nature and extent of the hazards in the place of work
- Being given access to information that relates to the safety, health and welfare of employees
- Having the power to investigate accidents and dangerous occurrences subject to any limitations as outlined in the legislation
- Being given the opportunity to receive appropriate health and safety training to help him/her perform the function of a safety representative
- Accompanying an inspector from the Health & Safety Authority during an inspection of the workplace.

Note: The safety representative shall not suffer any disadvantage in their employment through discharging their functions and cannot be held criminally liable for failure to perform any function of a safety representative.



#### 2.4 – CONTRACTORS' RESPONSIBILITIES

Definition: A contractor is a person or organisation which signs a contract to do certain work for payment within a specified time.

#### **KEY ACTIONS**

All contractors involved in a work activity on our premises must comply with our policy for safety, health and welfare.

Contractors carrying out work must:

- Be competent to carry out the work
- Have adequate resources to carry out the work
- Provide copies of their own:
  - o Safety statement
  - o Insurance
- Ensure that work activities do not affect the well-being of our employees, visitors or customers. Ensure they identify potential hazards arising from their work activities and implement appropriate control measures and safe systems of work while carrying out work.
- Report to the designated person on arrival at our workplace.

#### **FURTHER INFORMATION**

To ensure compliance with the legislation Castle Office Contracts Ltd will provide contractors with the relevant sections of our safety statement or health and safety file (where applicable) to ensure that they are both aware of and can take account of the hazards in our workplace.

**Form 1.5 – Responsible Persons Task Register** in **Appendix 1** can be used to identify employees who agree to carry out key tasks, in this case the overseeing of contractors who may be carrying out work.



### 2.5 - VISITORS

Definition: A visitor is a person other than an employee or contractor.

#### **KEY ACTIONS**

Visitors may not be aware of the potential hazards associated with our place of work. To minimise the risk of injury to visitors, Castle Office Contracts Ltd will:

- Practice good housekeeping, including:
  - o Keeping walkways clear
  - o Cleaning up spills immediately
- Restrict access to hazardous areas
- Prevent visitors from using equipment or machinery
- Ensure appropriate safety signs and notices are displayed
- Ensure safe walkways and access routes are maintained
- Put procedures in place to ensure visitors are evacuated in a safe and timely manner in the event of an emergency.

#### *Visitors are required to:*

- Conduct themselves in a safe manner at all times
- Observe the fire policy and, in the event of an emergency, to identify themselves to an employee and be escorted to the designated assembly point.



#### 2.6 - ACCIDENT REPORTING AND INVESTIGATION

#### **KEY ACTIONS**

If an accident or incident occurs in our place of work or in the course of our work activities which has affected employees or a third party, Castle Office Contracts Ltd will:

- Ensure details of the accident are recorded
- Promptly investigate the accident so as to determine the cause and, on completion of the investigation, put in place measures to prevent a re-occurrence
- Ensure that accidents are reported to the Health & Safety Authority on the Form of Notice of Accident (IR1) where:
  - O Employees are out of work for more than three consecutive days (including the weekend) and where they cannot continue with their normal duties
  - O Members of the public are injured by a workplace activity and require medical treatment
  - A fatal accident has occurred.

#### **FURTHER INFORMATION**

The employer of the injured party is responsible for the reporting of accidents on Form IR1 when required.

Any report to the Health & Safety Authority can be made, online, via the HSA's website, www.hsa.ie, or alternatively by hard copy, i.e. completing the **Form of Notice of Accident (IR1)** available from the HSA, and posting the completed form to:

Workplace Contact Unit, Health & Safety Authority, Metropolitan Building, James Joyce Street, Dublin 1.



#### 2.7 - EMERGENCY PROCEDURES

#### **KEY ACTIONS**

Castle Office Contracts Ltd will ensure appropriate plans and procedures are in place to deal with emergencies and imminent dangers by:

- Identifying the types of emergency situations that could occur and ensuring that suitable plans and procedures are put in place for dealing with them, e.g.
  - o Fire
  - o Explosion
  - O Accidents/injuries
  - o Robbery
  - o Chemical spills
- Ensuring that employees are trained in the specific plans and procedures we have in place to deal with emergencies at our workplace
- Ensuring that emergency procedures are included in the workplace induction training
- Designating where employees are needed to implement our emergency plans and procedures
- Providing the equipment and training needed
- Completing Form 2.1 Emergency Contact Information in Appendix 2.

#### FIRE AND EVACUATION

Castle Office Contracts Ltd will ensure appropriate plans and procedures are in place for dealing with fire, and that employees are trained, including:

- Location of firefighting equipment and means to raise the alarm
- Location of assembly point(s)
- Evacuation drills and fire warden(s)
- Location of emergency shut-off points where relevant (e.g. gas) shut off.

Some emergencies (e.g. gas leak, fire, bomb threat, etc.) may require an evacuation of the workplace. The person who become aware (or is made aware) of a potential emergency should follow the emergency procedures. All employees and visitors must follow the procedures below for evacuation:

- GO IMMEDIATELY TO THE NEAREST EXIT
- DO NOT WAIT TO FIND OUT WHAT IS HAPPENING
- DO NOT STOP TO COLLECT PERSONAL ITEMS
- GO AT ONCE TO THEIR ASSEMBLY POINT AND WAIT FOR FURTHER INSTRUCTION
- DO NOT RE-ENTER THE BUILDING/PREMISES UNTIL AUTHORISED TO DO SO BY THE EMERGENCY SERVICES.

#### FIRST AID

After assessment of the workplace and the type of hazards that exist, Castle Office Contracts Ltd will ensure adequate provision of first-aid equipment and facilities, including:

- At least one adequately stocked and accessible first-aid kit will be provided
- Castle Office Contracts Ltd will ensure first-aid equipment is prominently placed, that employees are aware of its location and that it is accessible to all employees
- Castle Office Contracts Ltd will appoint a person to take charge of first-aid equipment, keeping it stocked and in date (where there is a first aider, they will be given this responsibility)
- Contact details and directions to the nearest doctor or hospital will be available/displayed
- Castle Office Contracts Ltd will appoint an occupational first aider should the workplace assessment identify that a trained occupational first aider is required (considering the

specific hazards arising in the workplace, size of the workplace, the numbers employed, access to medical services, etc.).

EMERGENCY CHECKLIST (NON-EXHAUSTIVE)	YES	NO	N/A
Have you and your employees identified the types of emergency situations that your business could be exposed to (e.g. fire, explosion, chemical spill etc.)?  Fire	Y		
Are employees aware of the plans and procedures? Yes — included in a site induction and Employee Handbook	Y		
Have employees been appointed and trained in specific tasks, e.g. first aid, fire warden? Client supplies.	Y		
Are evacuation plans and emergency contact information on display? Client will provided and Induction to explain arrangements to staff member.	Y		
Are exits well marked, kept clear at all times and emergency lighting/signage in place? Client will ensure	Y		
Have you held an evacuation drill in the last six months and kept a record of this?  Client will communicate relevant information to Contract Cleaner.	Υ		
Do you and your staff regularly check and maintain the emergency equipment in place (e.g. smoke detectors, fire extinguishers, gas/carbon monoxide detectors, sprinkler systems, emergency lighting)?  Facilities in Client site will ensure.	Y		

#### **VIOLENCE/ROBBERY**

Where there is a risk of robbery or violence in the workplace, Castle Office Contracts Ltd will ensure that Castle Office Contracts Ltd have completed a risk assessment for violence/aggression/theft and that adequate plans and procedures are put in place. Castle Office Contracts Ltd will train staff on how to deal with the threat of robbery/violence, for example:

- Keep calm and make no sudden movements
- Do what the offender asks
- Memorise as many details about the offender as possible, e.g. height, clothing, features
- Note the direction and method of escape, e.g. car, motorbike, on foot
- Notify the Gardaí as soon as it is safe to do so
- Provide first aid to victims
- Lock outside doors until emergency services arrive.

#### **FURTHER INFORMATION:**

- A 'Fire Safety Checklist' is available in the 'Learn More' section of BeSMART.ie which can be used to develop a specific fire safety management policy for the workplace
- 'Guidelines on First Aid at Places of Work' is available in the 'Learn More' section of BeSMART.ie
- A copy of the procedures for specific emergencies in the workplace could be included in this section of the safety statement, or reference made to where they can be found.



## 2.8 - WELFARE FACILITIES AND WORKPLACE REQUIREMENTS

### **KEY ACTIONS**

Where required, Castle Office Contracts Ltd will provide and maintain adequate welfare facilities and a suitable and safe workplace environment for use by our employees and visitors, including but not limited to:

- Toilet facilities
- Canteen and food preparation areas
- Changing areas
- Adequate ventilation, temperature and lighting
- Interior walls, floors and traffic routes that are maintained in good condition and kept clean
- Fire detection and fire-fighting equipment
- Emergency routes and exits
- Pedestrian and traffic management systems.

WELFARE FACILITIES	DETAIL AS NECESSARY
Toilet facilities (separate male and female if required)	Client will provide and detail which facilities are available to Castle Office Contracts staff
Washbasins and washing facilities (hot and cold water and soap)	Client: as above
Potable drinking water	Client: as above
Facilities to dry clothing and suitable changing areas for nature of the work	Not applicable



#### 2.9 - PERSONAL PROTECTIVE EQUIPMENT

#### **KEY ACTIONS**

Appropriate personal protective equipment (PPE), as identified in our risk assessments, is provided and must be worn by our employees. Where required, typical PPE could include:

- Gloves powder free nitrile gloves.
- Uniform
- High-visibility clothing determined by the Client site rules.
- Respiratory protection, e.g. mask if close contact of Covid positive person or returning to work following Covid.

#### **Castle Office Contracts Ltd will ensure that:**

- Adequate and suitable PPE is provided
- The suitability of the PPE for the job is assessed
- PPE is maintained, used and replaced as recommended by the manufacturer's instructions
- Personal protective equipment is only used as a last resort when a residual risk remains after all other measures have been taken to eliminate/reduce the risk
- Where it is not possible to reduce or eliminate the risk, then PPE appropriate to the task and work environment, as identified in our risk assessments will be used
- Castle Office Contracts Ltd will record details of the supply and training in the use of PPE as required using **Form 1.4 PPE Register** in **Appendix 1**.

#### Castle Office Contracts Ltd expect our employees to:

- Use PPE correctly
- Report any defects or damage to PPE immediately
- Participate in any training or instruction provided on PPE
- Inform us of any medical conditions they have that might be affected by the use of the PPE provided to them.

## **FURTHER INFORMATION**

The Health & Safety Authority has produced a Guide to the Safety, Health and Welfare at Work (General Application) Regulations 2007, Chapter 3 of Part 2: Personal Protective Equipment.



#### 2.10 - PREGNANCY AT WORK

#### **KEY ACTIONS**

As required by Part 6 of the Safety Health and Welfare at Work (General Application) Regulations 2007, on becoming aware that an employee is pregnant, has recently given birth or is breastfeeding, Castle Office Contracts Ltd will assess the specific risks arising to that employee from the work and take action to ensure that she is not exposed to anything that would damage her health or that of her developing child. On provision of an appropriate medical certificate, Castle Office Contracts Ltd will carry out the following:

- Make sure that a specific risk assessment for that employee is undertaken, taking account of any medical advice that the employee has received
- Assess any risk likely to arise from exposure to specified agents and work activities and, where possible exposure exists, ensure she does not carry out these activities
- If a risk cannot be eliminated or reduced to an acceptable level, then:
  - O Adjust the working conditions or hours of work or both; or
  - o If this is not possible, provide alternative work; or
  - o If this is not possible, grant the employee health and safety leave
- We will ensure that pregnant, postnatal or breastfeeding employees have suitable facilities to rest or feed
- Form 1.5 Responsible Persons Register in Appendix 1 can be used to identify the person responsible for carrying out pregnancy-at-work risk assessments.

#### **FURTHER INFORMATION**

The Health and Safety Authority has produced a Guide to the Safety, Health and Welfare at Work (General Application) Regulations 2007. Chapter 2 of Part 6, Protection of Pregnant, Post-natal and Breastfeeding Employees. Schedule 8 lists the agents and work activities that such employees must be protected from.



#### 2.11 – YOUNG PERSONS

#### **KEY ACTIONS**

Castle Office Contracts Ltd are aware that there are specific regulations dealing with young people at work, i.e. those less than 18 years of age. Castle Office Contracts Ltd will undertake the following:

- Carry out a risk assessment before employment of a young person (over 16 but less than 18), taking into account their relative lack of experience, absence of awareness of potential risks or lack of maturity
- Put in place all required control measures identified by the risk assessment, taking account
  of:
  - O Their lack of experience, maturity or awareness of risk
  - O Any work activity likely to involve a risk of harmful exposure to physical, biological or chemical agents
  - **o** The physical and psychological capacity of the young person
- Make sure the recommended working hours are not exceeded for young persons
- Form 1.5 Responsible Persons Register in Appendix 1 can be used to identify the person responsible for carrying out young persons at work risk assessments.

#### **FURTHER INFORMATION**

The Health & Safety Authority has produced a guidance document 'Protection of Children and Young Persons' which is available in the 'Learn More' section of BeSMART.ie.



### 2.12 - WORK-RELATED STRESS AND DIGNITY AT WORK

#### **KEY ACTIONS**

As an employer Castle Office Contracts Ltd will, so as far as is reasonably practicable, ensure that:

- No employee's workload is so great that he or she will have to consistently work overtime
- No employee will be subjected to harassment from, or degrading behaviour by, colleagues or managers and that everyone in the workplace treats others with respect and courtesy, even if they do not 'get along'
- No employee has to work in an environment which is unsafe and in which there are risks of accidents
- Employees are trained so they can do their jobs effectively and safely
- Everyone knows what his or her core job is
- That a 'Dignity at Work Policy' is in place that outlines procedures with regard to addressing bullying and harassment at work.

#### **FURTHER INFORMATION**

The Health & Safety Authority has produced a Code of Practice on the Prevention and Resolution of Bullying at Work, which is available in the 'Learn More' section of BeSMART.ie.

## **APPENDICES**

APPENDIX 1 – FORMS AND RECORDS

**APPENDIX 2 - EMERGENCY INFORMATION** 

**APPENDIX 3 – ACCIDENT REPORTING AND INVESTIGATION** 

APPENDIX 4 – SAFETY DATA SHEETS

	INDUCTION REGISTER						
NO.	IO. NAME DATE INDUCTED SIGNATURE						

## FORM 1.2 – TYPICAL INDUCTION TOPICS

	TYPICAL INDUCTION TOPI	CS			
PURPOSE TO FAMILIARISE EMPLOYEES WITH THE HEALTH AND SAFETY RULES AND PROCEDURES BEFORE THEY START WORK.					
NO.	RECOMMENDED TOPICS TO BE DISCUSSED	YES	NO	N/A	
1.	The qualifications and experience of workers to be inducted have been checked (where required)	Y			
2.	Employees have been briefed on equipment in the workplace	Y			
3.	PPE is available and worn as required:  Other – Gloves Uniform	Υ			
4.	<ul> <li>Emergency procedures and location of:</li> <li>Assembly point and evacuation route</li> <li>Closest medical facility</li> <li>Contact details of emergency services</li> <li>Provisions for emergency communications</li> </ul>	Y			
5.	<ul> <li>The location of the first-aid facilities/kits</li> <li>Names of the first aiders and where to obtain treatment</li> </ul>	Υ			
6.	Chemical Safety Information — Safety Data Sheet	Y			
7.	Location of firefighting equipment, e.g. fire extinguishers and hose reels	Y			
8.	Names and contact details of the Health and Safety representative(s)	*			
9.	Location of welfare facilities (including toilets and drinking water)	Y			
10.	Accident reporting procedures	Y			
11.	Question and answer session	Υ			

NOTE: ENSURE TRAINING IS PROVIDED IN A FORM, MANNER AND LANGUAGE THAT IS REASONABLY LIKELY TO BE UNDERSTOOD BY THE EMPLOYEE

PERSON RESPONSIBLE FOR CARRYING OUT INDUCTION TRAINING:

Eamonn Burke

## **FORM 1.3 TRAINING REGISTER**

	TRAINING REGISTER					
NO.	NAME	TRAINING TYPE	TRAINER	SIGNATURE	DATE	

PERSONAL PROTECTIVE EQUIPMENT REGISTER					
NAME	COMPANY	TYPE OF PPE RECEIVED	TRAINING RECEIVED	SIGNATURE	DATE

	RESPONSIBLE PERSONS TASK REGISTER						
NO.	TASKS (NON-EXHAUSTIVE)	RESPONSIBLE PERSON (WHERE REQUIRED)	SIGNATURE				
1.	Ensuring the safety statement, including risk assessments, is up to date, accessible and available to all	Eamonn Burke/ Patrick Turner					
2.	Person responsible for managing and co-ordinating work activities	Eamonn Burke/ Patrick Turner					
3.	Ensuring records are maintained	Eamonn Burke/Patrick Turner					
4.	Ensuring forms and registers are collected and filled out as required	Eamonn Burke/ Patrick Turner					
5.	Ensuring safety data sheets are available and appropriate control measures are in place	Patrick Turner /Eamonn Burke					
6.	Ensuring accidents are investigated, reported and remedial measures implemented to prevent re-occurrence	Patrick Turner /Eamonn Burke					
7.	Ensuring risk assessments are carried out and updated as necessary	Patrick Turner Eamonn Burke					
8.	Ensuring the upkeep and maintenance of welfare facilities	Eamonn Burke/ Patrick Turner					
9.	Ensuring the upkeep of the first-aid box and ordering of first-aid supplies	Patrick Turner /Eamonn Burke					
10.		Patrick Turner /Eamonn Burke					
11.	Ensuring the upkeep and maintenance of the premises and co-ordination of contractors' activities	N/A					
12.	Ensuring young person's risk assessments are carried out when necessary	N/A					
13.	Ensuring pregnancy-at-work risk assessments are carried out when necessary	Patrick Turner /Eamonn Burke					
14.	Managing provision of emergency equipment and co-ordinating procedures, including provision of fire extinguishers, fire drill, evacuation planning, etc.	Patrick Turner /Eamonn Burke					

## **APPENDIX 2 – EMERGENCY INFORMATION**

FORM 2.1 – EMERGENCY CONTACT INFORMATION

EMERGENCY CONTACT INFORMATION							
BUSINESS/COMPANY NAME	Will be completed for each contract and provided to the staff			<u>the</u>			
ADDRESS							
PREMISES CO-ORDINATES			N		W		
CONTACT DETAILS		•					
NAME	ROLE			PHONE NUMBER			
Eamonn Burke	HR Manager			087 908 9951			
EMERGENCY SERVICES CONTACT DETAILS			)				
SERVICE	ADDRESS			PHONE NUMBER			
DOCTOR							
FIRE/GARDAÍ/AMBULANCE			999 or 112	999 or 112			
UTILITY A	AND SERVICE	PR	ROVII	DERS			
ELECTRICITY (ESB NETWORKS	)	185	50 372	2 999 (24HR)	999 (24HR)		
GAS NETWORKS IRELAND		1850 20 50 50 (24HR)					
IRISH WATER		1890 278 278					
HEALTH & SAFETY AUTHORITY		189	90 289	9 389			
ASSEMBLY AREA		_					
TAMEDO ENOV	NAME			PHONE			
EMERGENCY CO-ORDINATOR(S)	IVAIVIE			FACINE			
	1			1			

## **APPENDIX 3 – ACCIDENT/INCIDENT INVESTIGATION FORM**

FORM 3.1 – INTERNAL ACCIDENT/INCIDENT INVESTIGATION FORM

INTERNAL ACCIDENT/INCIDENT INVESTIGATION FORM						
PART A – DETA	ILS OF INJURED	PERSON	N .			
NAME			PHONE			
ADDRESS			<del>                                     </del>			
			EMAIL			
			PPS NUMB	BER		
			DATE OF BI	IRTH		
			AGE			
			POSITION			
EMPLOYMENT TYPE			FULL TIME		PART TIME	OTHER
OCCUPATION	EMPLOYEE	CONTRA	CTOR		MBER OF THE	OTHER
OUTCOME	INJURY	NEAR M	PUBLIC MISS FATALITY			OTHER
PART B – DETA	ILS OF INJURY A	AND TRE	ATMENT			. 1
TYPE OF INJURY (E.G CUT, SPRAIN)	i. BURN,					
CAUSE OF INJURY (E. MACHINE)	.G. FALL,					
PART OF BODY INJUR	RED					
AGENT (E.G. POOR L	IGHT)					_
FIRST AID	YES	NO			T AIDER	
TREATED BY DOCTOR?	DOCTOR'S NAME			ADD	RESS	
HOSPITALISED?	HOSPITAL NAME			ADD	RESS	
TREATMENT RECEIVE	 ED?					
PART C – DETA	ILS OF ACCIDEN	IT OR IN	CIDENT			
DATE			TIME			
LOCATION			<u>I</u>			
DESCRIPTION OF ACC	CIDENT/INCIDENT					

OTHER	WITNESS	CCTV	PHOTO/VIDEO	OTHER
INFORMATION				
AVAILABLE?				

PART D – WITNI	ESS DETAILS (WHO	O WITNESSED THE ACCIDENT	r/INCIDENT?)		
NAME		PHONE			
ADDRESS			ļ		
		EMAIL			
		PPS NUME	BER		
		DATE OF B	IRTH		
		AGE			
		POSITION			
SAFE PASS NUMBER AND EXPIRY DATE		CSCS DETA	ILS		
WITNESS STATEMENT	TAKEN?	<u> </u>	<u> </u>	YES	NO
PART E – KEY FII	NDINGS OF INV	'ESTIGATION		•	<u> </u>
LIST					
	NS TO PREVENT	REOCCURRENC	1		<u> </u>
ACTION			BY WHOM		DATE
PART G - ITEMS					<u> </u>
SKETCHES	CERTIFICATION OF PLANT ETC.	PHOTOGRAPHS/VIDEO	RISK ASSESSN	/IENTS	TRAINING RECORDS
YES NO	YES NO	YES NO	YES NO		YES NO
DETAIL OTHER ITEMS/USEFU	JL INFORMATION				
PART H – OTHER		NI			
ACCIDENT INVESTIGAT		· ·	POSITION		
, ACCIDENT INVESTIGAT			103111014		
PHONE			EMAIL		
SIGNED			DATE		

## **APPENDIX 4 - SAFETY DATA SHEETS/REPORTS FOR HAZARDOUS SUBSTANCES**

#### INSERT SAFETY DATA SHEETS OR REPORTS FOR HAZARDOUS SUBSTANCES

#### SAMPLE SAFETY DATA SHEET INFORMATION BRIEF

The safety data sheet (SDS) is provided to inform you of the hazards of the chemical you are using and the measures you need to take to protect your health and that of your employees. It consists of 16 obligatory sections. Each section contains specific information relating to the chemical for which the SDS is prepared. You must have an SDS for each hazardous chemical you receive from a supplier. The following serves as an aid in helping you to understand what information you should be aware of and what information you need to take into account when completing the risk assessment for the chemicals you use.

**Section 1** contains contact details of the person/company responsible for supplying the chemical as well as the emergency telephone number to contact in case of an emergency.

**Section 2** gives details on the hazards of the chemical. This will help you assess the risk and what harm it can do to your health, the health of your employees and the environment.

**Section 3** If the chemical you are using is a preparation (mixture), this section will give you information on the hazards of each of the individual substances in the preparation.

**Section 4** details the first-aid measures you need to take in case of an accident while using the chemical.

**Section 5** gives specific information on fighting a fire caused by the chemical.

**Section 6** details what actions need to be taken if there is an accidental release of the chemical, such as what protective equipment to wear and how to clean up the spill.

**Section 7** contains details on how to handle and store the chemical safely. The information in this section should be used to help you put in place safe procedures for working with chemicals.

**Section 8** gives you details of the steps you need to take to reduce exposure and of the personal protective equipment you need to wear when working with the chemical to protect yourself.

**Sections 9, 11** and **12** provide detailed information on the physical/chemical, toxicological and ecological properties of the chemical.

**Section 10** contains details of any hazardous reactions that may occur if the chemical is used under certain conditions.

**Section 13** explains how the chemical should be disposed of correctly.

**Section 14** contains information relating to the transportation of the chemical.

**Section 15** contains the details of the classification of the chemical as given on the label.

Section 16 gives any other information relevant to the chemical, e.g. training advice.

## PART B – RISK ASSESSMENT AND ACTION LIST

#### **RISK ASSESSMENT**

RISK ASSESSMENTS WILL BE CARRIED OUT IN CONSULTATION WITH EMPLOYEES, HAVING REVIEWED THE WORKPLACE AND WORK PRACTICES, BOTH IDENTIFYING THE HAZARDS THAT EXIST AND ASSESSING THE RISKS ARISING FROM THE HAZARDS.

- WHERE ADDITIONAL CONTROLS ARE REQUIRED TO AVOID OR REDUCE THE RISK, THEY WILL BE IDENTIFIED ON THE RISK ASSESSMENT ACTION LIST AND WILL BE IMPLEMENTED BY THE RESPONSIBLE PERSON
- EVERY REASONABLE EFFORT WILL BE MADE TO GIVE PRIORITY TO THE IMPLEMENTATION OF CONTROLS FOR THOSE HAZARDS OF MOST CONCERN
- WHERE THE NECESSARY COMPETENCE TO CARRY OUT PARTICULAR RISK ASSESSMENTS IS NOT AVAILABLE IN-HOUSE, ADDITIONAL EXPERTISE WILL BE OBTAINED
- WHEN A PROCESS, TASK OR ACTIVITY SIGNIFICANTLY CHANGES OR A NEW ONE IS INTRODUCED:
  - O THE EXISTING RISK ASSESSMENT WILL BE REVIEWED AND AMENDED AS REQUIRED; OR
  - O A NEW RISK ASSESSMENT WILL BE CARRIED OUT
  - O THIS WILL BE DONE IN CONSULTATION WITH EMPLOYEES.

#### **ACTION LIST**

FOLLOWING THE COMPLETION OF THE RISK ASSESSMENT, AN ACTION LIST WAS GENERATED. THIS IS A LIST OF CONTROLS IDENTIFIED DURING THE RISK ASSESSMENT PROCESS THAT ARE REQUIRED TO BE IMPLEMENTED IN ORDER TO REDUCE THE RISK OF ACCIDENT/ILL-HEALTH IN OUR WORKPLACE. YOU SHOULD:

- ASSIGN A RESPONSIBLE PERSON TO COMPLETE EACH TASK?
- ASSIGN A REALISTIC GOAL DATE AND THE RESOURCES REQUIRED TO CARRY OUT EACH ACTION
- FOLLOW UP TO ENSURE SATISFACTORY COMPLETION.

YOU CAN COMPLETE THIS ACTION LIST BY PRINTING AND FILLING IT OUT BY HAND OR YOU CAN RETURN TO THE 'MANAGE ACTION LIST' AND COMPLETE IT ONLINE.

## PART B1 - RISK ASSESSMENTS

Hazard Name	Current Controls	Additional Controls
Fire  Fire can cause smoke inhalation, burns and other serious injuries to you, your employees and/or visitors	Sources of oxygen and ignition are controlled, amounts of flammable materials are minimised and waste is removed (Keep workplace clean and tidy) daily  Fire alarm, manual call points and smoke/heat detectors are in place where necessary, kept in good working order and checked by the client (e.g. Daily and weekly checks by the user and three monthly and annual checks by a competent person) regularly	Emergency evacuation procedures are in place – ensure that staff are given client site induction including relevant information from Fire Drills conducted on the client site.
Source of fire:	Emergency routes and exits are clearly marked, kept clear at all times and lead directly outside or to a safe area	
Poor housekeeping  Electrical appliances	Emergency lights are installed on escape routes where necessary, at and outside exits and near call points/fire fighting equipment and are tested by the client (e.g. Weekly checks by the user and three monthly checks and annual tests by a competent person) regularly	
Client's activities  Smoking  Arson.	Fire extinguishers are accessible, kept in good working order and inspected regularly	
	Employees are trained in how to raise the alarm, what to do in the event of an alarm sounding, emergency evacuation procedures and in the use of fire extinguishers -	
	Appropriate signage (e.g. assembly point(s), fire point(s)) is in place	

Hazard Name	Current Controls	Additional Controls
Manual Handling  Manual Handling means the lifting, putting down, pushing, pulling, carrying or moving of a load which involves risk of injury due to risk factors such as:  Load is too heavy, large, awkward or is carried away from the body.  Load is lifted too high or carried too far/too often or involves bending and/or twisting.  Inadequate space, uneven floor or steps/ramps  Risks: deliveries of detergents; moving furniture and heavy items.	Task is organised to allow the use of mechanical aids (e.g. pallet truck, trolley) to avoid/reduce the need for manual handling  Task is organised to ensure handling is carried out between waist and shoulder height  Heavy or large/unwieldy loads are broken down into more manageable weights or are lifted by 2 people  Work is planned to prevent handling over long distances or frequent repetitions  Workplace is organised to ensure adequate room to prevent bending, twisting, and/or unstable posture  Each manual handling task has been assessed using the risk factors and where necessary, control(s) put in place.  Employees receive relevant manual handling training	(See Action List)  Ensure staff do not lift beyond their own capability.  Load weights in particular of deliveries of detergents are kept as low as possible.  Pregnancy risk assessment to ensure that no pregnant worker is required to lift loads that would put them at risk of hernia.
Custom Control	All heavy items in store room are kept at ground level and first shelf only.  Store room to be kept tidy at all times.	

Hazard Name	Current Controls	Additional Controls
Chemicals	A list (inventory) of all chemicals used in the workplace has been prepared	(See Action List)
Exposure to chemicals can cause fires, explosions, skin and eye irritation, cancer, ill health and other serious injuries to you, your employees and/or visitors	Chemical labels (Label applied to containers of dangerous chemicals to indicate the risk and precautions to be taken) and Safety Data Sheets are available for each chemical and the associated hazards of each chemical has been identified  Employees are trained in the safe use of chemicals  The number of employees and the exposure to chemicals is assessed and minimised  Less hazardous chemicals are used where possible  Adequate ventilation is provided  A wash hand basin, soap and disposable towels/hand dryer are available  All chemicals are used, stored and disposed of in accordance with the Safety Data Sheet or supplier recommendations  Eye, skin and respiratory protection (Device designed to protect the wearer from inhaling harmful, fumes, vapours, and/or gases) is provided and worn	
Custom Control	where appropriate and in accordance with the safety data sheet  SDS sheets to be placed in storeroom for staff reference.	

Hazard Name	Current Controls	Additional Controls
Slips, Trips and Falls	Clear, unobstructed, slip-resistant pedestrian routes (Including entrances and exits) are provided and maintained	(See Action List)
Slips, Trips and Falls due to	exits) are provided and maintained	
spills, inadequate	Adequate lighting is provided and is appropriate for the work being carried out	
materials storage, inadequate lighting can	Absorbent materials and warning signage are available for dealing with spills	
cause injuries to you, your employees	Spills are cleaned up immediately	
Risk:	Mats are properly located, fitted and secured	
Trailing cables and leads,	Trailing cables and leads are re-routed, removed or secured	
cleaning materials and equipment.	Good house-keeping practices are in place and are maintained	
Wet floors.	Changes in levels are avoided if possible or are adequately highlighted where necessary	
	Suitable footwear must be worn by employee.	
Custom Control	Warning signs are placed out in areas where hoovering activities take place.	

Custom Control	Current Controls  Employees are given information on the cleaning activities to be carried out and are trained in safe cleaning and good hygiene procedures (e.g. washing hands before eating/ drinking/smoking; covering cuts with waterproof plasters; using suitable disinfection methods; use of disposable items and gloves; minimising the spray mist of chemicals etc.)  Furniture is suitably arranged (For easy access to areas to be cleaned) or fitted with casters/glides for ease of movement where possible  Suitable gloves are provided and worn  Equipment (e.g. vacuum, buffer etc.) used for cleaning is visually inspected before use, reported defects are dealt with promptly and unsafe equipment is taken out of use.  Contract Maintenance of equipment in place.  Safe practices are in place for the use of cleaning equipment and employees are instructed to adjust equipment as required (e.g. adjust vacuum cleaner for different surfaces and its wand length to allow work in an upright position and to avoid over-reaching)	Additional Controls (See Action List)
Custom Control	Employees are instructed to use the nearest power point when hoovering in order to	o minimize trailing leads.

Hazard Name	Current Controls	Additional Controls (See Action List)
Industrial Cleaning Equipment	Machines are used and maintained in accordance with the manufacturers manual	(ecc / 101/0// 2/00)
Working with cleaning equipment can cause foot injuries, slips and trips and falls or other serious injuries to you, your employees and/or visitors	Reported defects are dealt with promptly  Safety footwear is provided and worn  Work area is cordoned off with temporary barriers and signs where necessary	
Custom Control	All plant equipment is assigned a unique number for maintenance tracking purposed in any way – DO NOT USE & contact your supervisor	oses.

Hazard Name	Current Controls	Additional Controls	
Industrial Vacuum  Use of an industrial	Vacuum is used and maintained in accordance with the manufacturer's manual	(See Action List)	
vacuum may cause	Employees are trained in the use of the vacuum		
lacerations, eye injuries and other serious injuries to you, your employees	Vacuum is checked regularly, reported defects are dealt with promptly and unsafe equipment is taken out of use		
and/or visitors	Trailing leads and hoses are avoided ()		
Custom Control	All company vacuums are assigned a unique identification number for maintenance tracking purposes.		
If machine is damaged in any way – DO NOT USE & contact your supervisor			

Hazard Name	Current Controls	Additional Controls
Sharp Objects and Edges	Use of sharp objects is minimised and they are stored safely after use	(See Action List)
Contact with sharp objects can cause cuts, lacerations and amputations to you, your employees and/or visitors	Safe work practices are in place for the use, cleaning and sharpening of sharp objects, and employees are trained	
Custom Control	Contact your supervisor if you encounter any sharp object(s) and do not touch.	

Hazard Name	Current Controls	Additional Controls
Vibration  Exposure to vibration may	Equipment is used and maintained in accordance with the manufacturer's instructions	(See Action List)
cause nerve damage in	Where information on vibration exposure levels and times are not available	
hands, back pain and	exposure measurements are undertaken by a competent person as necessary	
other serious injuries to you, your employees and/or visitors	Task rotation is used to minimise exposure	
	Machines are mounted and not hand held where possible	
	Employees are trained in the use of equipment	
	Gloves are provided and worn as required	
Custom Control	Buffering machines are inspected and serviced regularly.	'
	If machine is damaged in any way – DO NOT USE & contact your supervisor	

Hazard Name Visiting Customer Premises	Current Controls	Additional Controls
	Employees are provided with information about the purpose of the visit, the location of the premises and any particular risks	(See Action List)
Visiting customers premises may result in slips, trips, falls, crush injuries or threatening behaviour which may cause cuts, bruises, head injuries or other serious injuries to you and/or your employees	Employer or other relevant person is aware of the employee's planned visits (Approximate duration & locations)  Company identification is provided and shown to customer on first contact  Employees are trained not to enter any premises without prior permission	
	from the owner/customer  On arrival at a customer's premises employees make their presence known at reception or make contact with a customer representative  Employees are trained to avoid, and to report to their manager, any	
	dangerous situations/issues that may affect them and reported matters are dealt with promptly  Emergency contact numbers are provided and an incident reporting procedure	
	is in place including follow up action  The premises rules and safety signs are obeyed	
	Where relevant, employees familiarise themselves with the layout of the premises and emergency evacuation procedures	
Custom Control	Always familiarise yourself with the emergency evacuation procedures.	

Hazard Name	Current Controls	Additional Controls
Wet Hand Work  Wet hand work may cause skin irritation, dermatitis or other serious injuries to you, your employees and/or visitors	Employees are trained to protect their skin by drying their hands fully after tasks  Employees are made aware of the signs of early skin conditions (e.g. dermatitis) and to notify their employer if they develop a skin condition  Powder free latex gloves are provided and worn where needed	(See Action List)
Custom Control		

Hazard Name	Current Controls	Additional Controls
Lone Work	Employees are given Emergency Contact details for each site.	(See Action List)
Working in isolation	Keep Mobile Phone on person at all times.	
	Training and site rules given on Induction	
	Facilities will always be present in the Client building	
Custom Control		
Custom Control		

### **PART B2 - ACTION LIST**

Hazard Name	Control Required	Assigned To	Deadline	Completed
Safety Representative	Safety Rep to be appointed	Eamonn Burke		
	and name recorded on page 11.			
Emergency contact details	Sheet to be printed off and posted in store-room.	Eamonn Burke	End October 2025	
Induction Sheet	New employee sign the induction sheet on p 33	Eamonn Burke	As required	
Pregnant Worker Risk Assessment	All notified pregnancies must be followed up with pregnant worker risk assessment	Eamonn Burke	As required	